

Anquet Maps 2018 www.anquet.com (Bottom Left - Top Right)-(442462 154273-445012 157911) Map printed at 1:12,500  
Route: Route 0001, Start Point: 444307 154815, End Point: 444307 154815, Flat Length: 7.52 Kilometres, Hidden Length: 7.53 Kilometres, Max Height:  
270.17 Metres, Min Height: 144.63 Metres, Height Ascended: 159.35 Metres, Height Descended: 159.32 Metres, Estimated time: 1 hrs, 46 mins, Est Time:  
5.0 Km/hr, 600 m ascent adds 1h

